



OUTREACH EVENT ORGANIZED  
BY ESAB2024 EUROPEAN  
SOUTH ATLANTIC BIOPHYSICS  
CONGRESS, 5th-7th JUNE 2024,  
DONOSTIA/SAN SEBASTIÁN



# Healthy weight?

## In a healthy way, and free for all?

### Science has all the answers

In our society, a large amount of young people and adults want to lose weight. How can Biophysics help? It allows us to understand, in a rational way and without spending money, the reasonable methods of weight loss.



Felix M. Goñi, research professor at the Biofisika Institute (CSIC, UPV/EHU) and Biochemistry Department (UPV/EHU), will give us all the scientific answers.



**Wednesday, 5th June**  
**18:00 - 19:00**

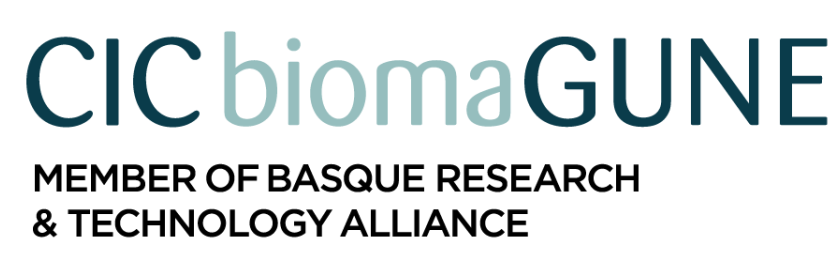


**TABAKALERA**  
Ruiz Balerdi Hall. Kutxa Fundazioa, 4th floor.

**Free admission until full capacity is reached.**

Talk in Spanish aimed at audiences over 16 years of age. It is not necessary to have scientific knowledge.

#### Organizers



#### Collaborators



#### Supported by

